**Overview**

**What is embrace® Active Scar Defense?**

embrace® Active Scar Defense is the first scar management product of its kind. The two-part device includes a patented self-applicator and a silicone dressing. Once applied over the forming scar, embrace® Active Scar Defense relieves the natural tension that exists during the skin’s healing process—effectively treating the primary culprit of scarring.

**How is embrace® Active Scar Defense different from other scar products?**

Unlike cheaper scar treatments, embrace® Active Scar Defense is the only FDA-cleared product proven in multiple clinical trials to **prevent** the appearance of dark, raised, visible scars. Using state-of-the-art technology to actively prevent scar formation in 3 unique steps, embrace® Active Scar Defense:

1. Works by contracting and gently holding a closed incision together, actively relieving the skin’s natural tension to address the root cause of scarring
2. Protects your incision from added stresses caused by normal body movements, minimizing the widening and thickening of your scar
3. Uses 100% medical-grade silicone to help flatten, soften, and fade scars by hydrating scar tissue

**Who should use embrace® Active Scar Defense?**

embrace® Active Scar Defense is for anyone with a new scar that is less than 6 months old. embrace® Active Scar Defense can be used by all genders, ages, and skin types.

**What types of scars does embrace® Active Scar Defense treat?**

embrace® Active Scar Defense is indicated for use in scar management on hypertrophic or keloid scars formed within the past 6 months. For scars older than 6 months, use [embrace MINIMIZE™.](https://www.embracescartherapy.com/shop-now/embrace-minimize) embrace® Active Scar Defense does not treat abraded skin, acne, or burn scars.

**Treatment**

**When should I start embrace® Active Scar Defense for the best overall results?**

Timing of treatment is important to scar healing. The most effective way to prevent scar formation is to reduce tension immediately after an incision is closed and dry. That’s why it’s recommended to start embrace® Active Scar Defense approximately 1 to 4 weeks after suture removal. embrace® Active Scar Defense can be applied up to 6 months post procedure, as treating scars within 6 months of an injury or a procedure presents the best opportunity to prevent scarring.

**How long should I treat my scars with embrace® Active Scar Defense?**

The full 60-day treatment with embrace**®** Active Scar Defense is recommended for best results. As complete healing can take up to a year, clinical trials showed that scars treated with embrace® Active Scar Defense for 60 days showed significantly better results at 1 year after use than scars left untreated.

Click here to learn more about the [embrace® Active Scar Defense clinical trials and results.](https://www.embracescartherapy.com/about-embrace)

**How many boxes of embrace® Active Scar Defense do I need?**

Each box of embrace® Active Scar Defense includes 3 patented applicators and three 100% silicone dressings. Each dressing lasts an average of 10 days and should then be discarded. Depending on the length of your scar, you may require multiple boxes for the full 60-day treatment. It’s best to measure your scar to determine how many boxes your treatment requires.

You can also choose from our procedure-specific kits when shopping, making it easy to know the size and quantity you need.

**When will I see results?**

Initial results can be seen in as early as 4 weeks, with full results visible after 1 year. Results may vary. People heal at different rates, so for some people, it may take longer than others to see results.

**Product Specs**

**What are the available sizes of embrace® Active Scar Defense?**

embrace® is available in 4 convenient sizes:

Small: 1.6″ × 1″ (4 cm)

Medium: 2.4″ × 1.5″ (6 cm)

Large: 4.7″ × 2″ (12 cm)

X-large: 6.3″ × 2″ (16 cm)

Don’t have a ruler handy to measure the size of your scar? [Click here](https://www.embracescartherapy.com//files/1/sizeguide.pdf) to download and print a template of the sizes we currently offer. See which size best fits your scar, and place your order today!

**What ingredients are in the embrace® Active Scar Defense dressing?**

embrace® Active Scar Defense is constructed of 100% silicone and medical-grade adhesive, with no added chemicals or medications. embrace® Active Scar Defense is safe for all ages and skin types.

**Is embrace® Active Scar Defense safe for all ages and skin types?**

Yes, embrace® Active Scar Defense is safe for all ages and skin types. embrace® Active Scar Defense is FDA-cleared and clinically proven to be safe and effective, as shown in our most rigorous Level 1 clinical studies. The 100% medical-grade silicone has no added chemicals or medications. It is completely safe to use while breastfeeding or taking other medications.

**Does embrace® Active Scar Defense have any side effects?**

Side effects are usually mild and can include:

* Minor skin irritation or redness
* Allergic reaction
* Infection, pain, and/or fever

Any surgical tape or adhesive skin dressing may irritate the skin upon removal, depending on your skin’s sensitivity. This redness or slight irritation will typically clear up during the 12- to 24-hour break we recommend between applications. Some irritation and redness is normal around the edges of the dressing. If this happens, reposition it slightly higher or lower to avoid direct contact with the irritation when applying the next dressing. If you are using embrace® Active Scar Defense after a surgery and your scar starts to open or ooze, or if you have an allergic reaction, remove the dressing and consult your physician. If you have

questions or experience any of the above side effects, we can help. Please call 855-NOSCAR2 (855.667.2272) for immediate product support.

**Application/Wearing/Removal**

**Where can I find instructions for applying and removing embrace® Active Scar Defense?**

 The Instructions for Use can be found inside the embrace® Active Scar Defense packaging. Digital copies of these instructions can be found here:

[embrace](https://www.embracescartherapy.com/files/1/LS11333_Rev_B_Gateway_IFU_-1.pdf)[®](https://www.embracescartherapy.com/files/1/LS11333_Rev_B_Gateway_IFU_-1.pdf) [Active Scar Defense Instructions](https://www.embracescartherapy.com/files/1/LS11333_Rev_B_Gateway_IFU_-1.pdf)

[embrace MINIMIZE™ Instructions](https://www.embracescartherapy.com/files/1/LS11334_Rev_B_Gateway_IFU_Minimiz-1.pdf)

For helpful video instructions, [click here](https://www.youtube.com/watch?v=d8dK9dgv5Eg)

**I’ve ordered the product. When should I apply my embrace® Active Scar Defense dressing(s)?**

We recommend applying it at night, at least 2 hours before going to bed. This will provide time for the pressure-sensitive adhesive of the dressing to fully adhere to your skin.

**When should I remove my embrace® Active Scar Defense dressing?**

Remove embrace® Active Scar Defense the day/evening prior to your next dressing change or appointment, or when the edges begin to lift, an average of 10 days after application. Certain applications or environments may require more frequent changes due to high mobility, cleansing routine, hair growth, humidity, or oil level on the skin.

**How do I remove my embrace® Active Scar Defense dressing?**

Please remove with care, according to the Instructions for Use. Medical-grade adhesive is designed to last, so slow, gentle removal is important.

To remove, start at one corner/edge and slowly peel the dressing away from the skin while using warm water and soap, or baby oil or adhesive remover, to gently loosen the adhesive.

For sensitive skin, we recommend removing embrace® Active Scar Defense the evening prior to reapplication to allow your skin to rest for 12 to 24 hours between applications.

**Why do I need to remove embrace® Active Scar Defense carefully?**

Medical-grade adhesive is designed to last, so **slow, gentle removal is important.** Do not pull off quickly, as it could cause skin irritation or tearing.

**My embrace® Active Scar Defense dressing has air bubbles and wrinkles. Is that normal?**

Yes. The dressing is occlusive, which means the dressing is closed over the skin. Your skin is still breathing underneath the dressing, and this is how air pockets occur. Wrinkles are caused by the dressing conforming to your skin and occur due to the nature of wearing a dressing on your skin for 7 to 10 days. As long as the edges of the dressing are still fully adhered, embrace® Active Scar Defense is still doing its job and offloading the tension.

**There is condensation under my embrace® Active Scar Defense dressing. Is that ok?**

Yes, condensation is completely normal and often occurs after taking a shower or strenuous activity. If the edge of the dressing is not fully sealed and a water pocket has formed inside the dressing, it is time to remove embrace® Active Scar Defense.

**The edges of my dressing are starting to lift. Is embrace® Active Scar Defense still working?**

When the edges of the dressing begin to lift, this indicates it is time to remove embrace® Active Scar Defense. This typically occurs 7 to 10 days post application. Follow the embrace® Active Scar Defense removal instructions, and allow a 12- to 24-hour break before reapplying embrace® Active Scar Defense.

**Didn’t find your answer? We’re here to help!**

**Customer Service**

If you are interested in learning more about embrace® or have questions regarding an existing order, please contact customer support at 1-855-722-7879

For ordering support email: [support@neodynebio.com](mailto:support@neodynebio.com)

For inquiries email: [info@embracescartherapy.com](mailto:info@embracescartherapy.com)

**Product Support**

Need help with embrace®? A professionally staffed hotline offering product support is available to help you achieve the best results.

Call 1-855-NOSCAR2 (855-667-2272) or email [help@embracescartherapy.com](mailto:help@embracescartherapy.com).